PERFORMTEX™
THE NEXT GENERATION OF KINESIOLOGY TAPE

PERFORMTEX PRODUCTS LLC

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PERFORMTEX SLEEVE SIZING

CALF

FITS LEFT or RIGHT CALF

SIZE	SMALL	MEDIUM	LARGE	X-LARGE
INCHES	13-14.5"	14.75-16"	16.25-17.5"	17.5 & UP

Sizing: measure the circumference at the calf.

ELBOW

FITS LEFT or RIGHT ELBOW

SIZE	SMALL	MEDIUM	LARGE	X-LARGE
INCHES	LESS THAN 10"	10-11"	11-12"	12" & UP

Sizing: measure the circumference at the elbow joint center.

KNEE

FITS LEFT or RIGHT KNEE

SIZE	SMALL	MEDIUM	LARGE	X-LARGE
INCHES	13-14.5"	14.75-16"	16.25-17.5"	17.75-20"

Sizing: measure the circumference of the patella's (kneecap's) center.

THIGH

FITS LEFT or RIGHT THIGH

SIZE	SMALL	MEDIUM	LARGE	X-LARGE
INCHES	LESS THAN 20"	20-22"	22-25"	25-28"

Sizing: measure the circumference at the thigh.

ANKLE BRACE (LACE UP)

FITS LEFT or RIGHT ANKLE

MEN'S	SMALL	MEDIUM	LARGE	X-LARGE
SHOE SIZE	6.5-8.5	9-11	11.5-13	13.5 & UP

WOMEN'S	SMALL	MEDIUM	LARGE	X-LARGE
SHOE SIZE	5.5-7.5	8-10	10.5-12	12.5 & UP

Sizing: measure the circumference at the ankle center.

ANKLE WRAP

ONE SIZE FITS ALL